

# WHAT TO EXPECT: BRELLA

Brella is a state of the art treatment for excessive underarm sweating.

KEY BENEFITS: a quick and easy treatment to reduce underarm sweating

## BEFORE YOUR TREATMENT:

- You should shave or clip underarm hair at least 72-hours (3 days) before your scheduled treatment day. Shaving closer to the day that you are treated could result in small nicks or cuts on the underarm and would interfere with Brella treatment.
- Do not use antiperspirant on treatment day as you will need to be sweating during your treatment for the best results.
- Wear a tank top to allow access to your underarms. If you don't have a tank top or aren't wearing one on the day of your treatment, your healthcare provider can provide you with a covering to enable them to have access to your underarm.

## DURING THE PROCEDURE:

- After your underarm is cleaned and dried, the patch will be placed on one underarm for a maximum of 3 minutes, and then it will be removed and disposed of by our team.
- After removing the patch, we will rinse your underarm with water a few times. This process will be repeated with a new patch on the other side.
- After both underarms have been treated, rinsed with water and dried, your procedure is completed, and you may continue with your day.
- We expect that you will feel a warm sensation as the patch is applied to your underarm. We also expect that while the patch is on your underarm, you may experience some mild tingling, stinging, or burning.
- It is important to note that you should not feel pain, stinging or burning immediately as the patch is applied on to your underarm. If you do, you should inform the medical staff immediately so that they can remove the patch.
- While the patch is in place, our team will ask you to rate your discomfort on a scale of 0 to 10.

## POST PROCEDURE:

- You can resume your normal activities.
- You may experience some sensitivity or tenderness in your underarms.
- You can apply deodorant as you normally do if you are not having any sensitivity or tenderness.
- You may resume your normal hair removal practices.
- Results will be different from person to person, but most people reported that they felt an impact on their sweat within 7 days.
- If you have any discomfort from the treatment that continues or worsens after the first day, you should contact our team at 717-504-8426.



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