

# WHAT TO EXPECT: IPL

Intense Pulsed Light (IPL) is a laser/light-based treatment for the face, neck, or chest.

KEY BENEFITS: reduction of sun damage, age spots, redness.

## BEFORE YOUR TREATMENT:

- Protect your skin from the sun.
- Avoid tanning or spray tanning.

## DURING THE PROCEDURE:

- Will take before photos and then your skin will be cleansed.
- Goggles or eye shields will be applied to protect your eyes.
- The pulses feel like a “hot rubber band.” A cold air blower will be used for your comfort.
- When complete – after care creams will be applied for you.

## POST PROCEDURE:

- Immediately after treatment there may be mild redness and itching, which may feel like a sunburn and last for 24-72 hours.
- It is ok to apply ice in 15-20 minute intervals for the first few hours after treatment to reduce any discomfort if needed.
- You can apply makeup immediately after treatment if you choose.
- Brown spots will darken over the period of a few days and eventually shed within 2 weeks.



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