

WHAT TO EXPECT: MICRONEEDLING

Microneedling is a cosmetic procedure that involves the use of a device with fine needles to create tiny, controlled injuries on the surface of the skin. The goal is to stimulate the body's natural healing processes, leading to the production of collagen and elastin, which are essential for maintaining the skin's firmness and elasticity.

KEY BENEFITS: Improved texture, enhanced absorption of topical products, skin tightening, reduced pore size.

BEFORE YOUR TREATMENT:

- Please let us know if you're experiencing an acne flare, rash, or skin concern prior to treatment.

DURING THE PROCEDURE:

- We'll take before photos.
- Your skin will be cleansed and a topical numbing cream will be applied for comfort. This will stay on the skin for 20+ minutes before being removed.
- You will wash your face.
- We'll apply a serum to the skin and begin the microneedling procedure.
- When completed, after care creams will be applied.

POST TREATMENT:

- We expect your skin to be red after microneedling. This should fade in about 48 hours. You may also experience some mild swelling and tight feeling.
- Flaking or peeling after microneedling is relatively common. This will cause the skin to feel somewhat rough. This indicates that the tiny channels or injuries made during the procedure have induced cellular turnover. As time passes (about 5 days) this layer of dead/damaged cells will slough off to reveal new skin.
- Continue to moisturize.
- Avoid using retinols/retinoids for the first 3 nights.



ONESKIN
INTEGRATIVE DERMATOLOGY