

WHAT TO EXPECT: COOLPEEL RESURFACING

CoolPeel is a mildly **ablative** fractional laser treatment that uses microscopic laser beams to rejuvenate the skin.

KEY BENEFITS: surface improvement

BEFORE YOUR TREATMENT:

- Protect your skin from the sun.
- Avoid tanning or spray tanning.
- Stop any retinols/retinoids for 2 weeks prior to treatment.

DURING THE PROCEDURE:

- We'll take before photos.
- The skin will be cleansed.
- Goggles or eye shields will be applied to protect your eyes.
- The pulses feel like a "hot rubber band." A cold air blower will be used for your comfort.
- When complete – after care creams will be applied for you.

POST PROCEDURE:

- Swelling, redness, and a mild to moderate sunburn sensation are common post treatment and should be expected
- A cool compress may be used to help minimize excessive inflammation
- Keep the area moisturized until the sand paper texture resolves
- Wash the treated area with cool water and gentle cleanser and blot dry (AM and PM)
- Do not scrub the treated area
- Apply post-treatment products as directed
- Do not use any topical products not discussed with your provider
- Avoid scrubs/exfoliants (for at least 10 days).
- Do not allow pets to lick the treated area.
- Wash hands frequently and avoid touching the treated area.
- Mineral makeup may be applied a few days after treatment (after 4-5 days).